



3 Sisters

Quilt is 76" x 80".

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Double Chocolat

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Quilters Basics

*Read instructions before beginning a project.
All instructions include a 1/4" seam allowance.
Press as you go. Press seams in one direction.
22" measurement is approximate.
WOF = Width of Fabric.*

Cutting

Dresden Plates & Border:

From EACH of the 28 Fat Eighths cut:

1-8" x 22" strip

From EACH of the 11-1/4 yards cut:

1-8" x WOF strip

subcut 2-8" x 22" strips

Center Circle:

2-7" x WOF strips

subcut 9-7" x 7" squares

Background and Binding:

5-21 1/2" x WOF strips

cut carefully

subcut 9-21 1/2" x 21 1/2" squares

4-2 1/2" x WOF strips for sashings

sew strips together then cut

2-2 1/2" x 60 1/2" sashing strips

8-2 1/2" x WOF strips for binding

Wonder Under:

9-6 1/2" x 6 1/2" squares (for Center Circle)

Templates:

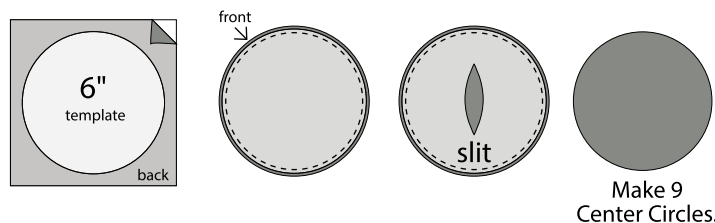
From the Template plastic cut

1-6" circle template

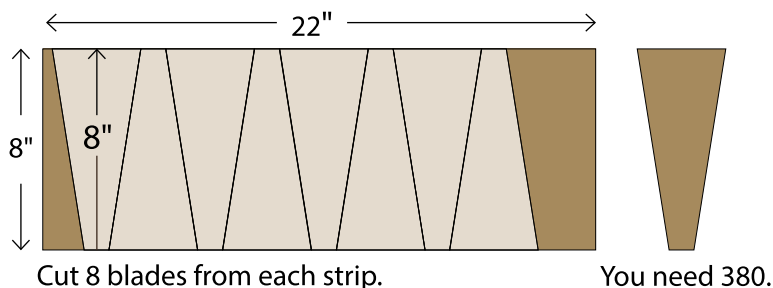
Quilt Construction

1 Dresden Plates & Border:

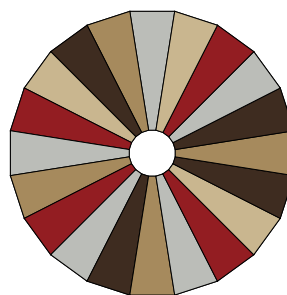
- (A) Using the 6" circle template, draw a circle on the back of each Center Circle square. Layer the Center Circle & the Wonder Under right sides together. Stitch on the drawn line. Cut out 1/4" from the stitching and then trim the web slightly smaller than the Center Circle. Slit the web. Turn the Center Circle right side out. *Do not press, remember that the web has fusible on both sides.* Make 9 Center Circles.



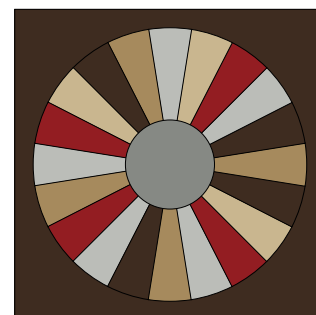
- (B) Align the top and bottom of the EZ Dresden Ruler™ with the edges of an 8" x 22" strip. From the strip cut 8 Dresden blades, rotating the ruler as you cut. Cut a total of 380 blades from the 8" x 22" strips.



- (C) Combine 20 blades to make one Dresden Plate. Press the seams open. Use your appliqué method of choice to appliqué a Dresden Plate on a 21 1/2" Background square. Fuse (following the manufacturer's instructions) and stitch the Center Circle. Make 9 Dresden Plates. (We used needleturn to turn the edges of the Dresden Plate and a buttonhole stitch to stitch the Dresden Plate to the Background square. We used a running stitch to stitch the Center Circle in place.)



Join 20 blades.

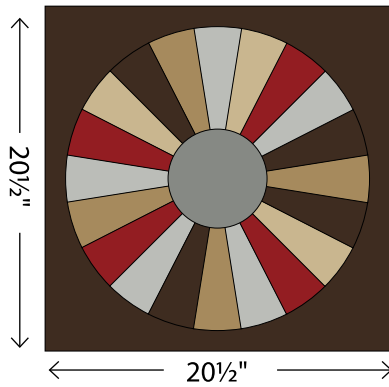


Dresden Plate
Make 9.

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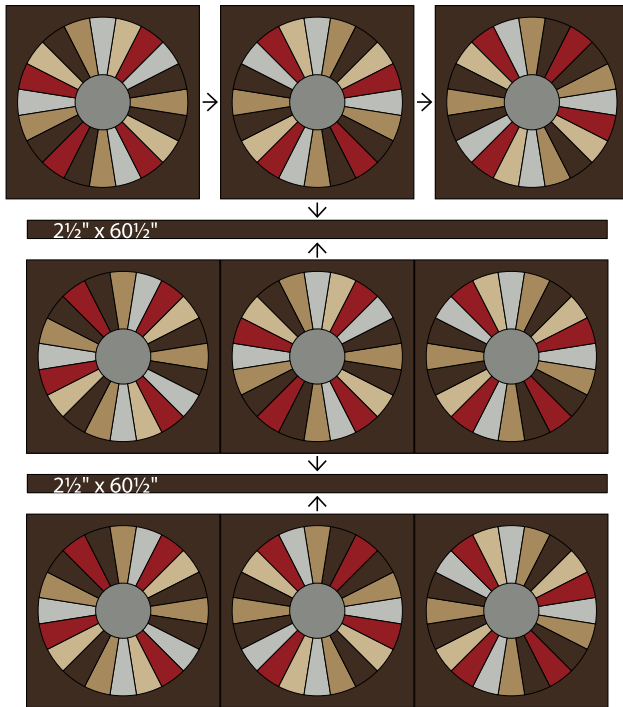
- 2 Embroidery:** Add embroidery to the blades and Center Circles. Trim the blocks using your Omnigrid 20.5 Ruler to 20½" square.



Dresden Plate

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- 3 Assembly:** Join 3 Dresden Plates to make one row. Make 3 rows. Sew 3 Dresden Plate rows and 2-2½" x 60½" Background strips together as shown to make the quilt center.



- 4 Pieced Border:** Join 42 blades to make a side border. *Note how the blades are rotated.* Make 2 side borders. Join 50 blades to make a top border. Repeat to make the bottom border.

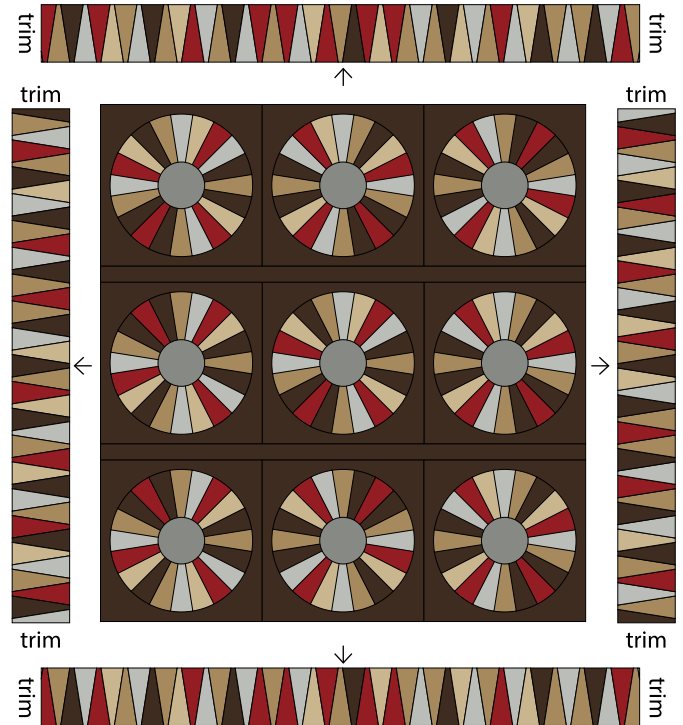


Join 42 blades for side Borders.

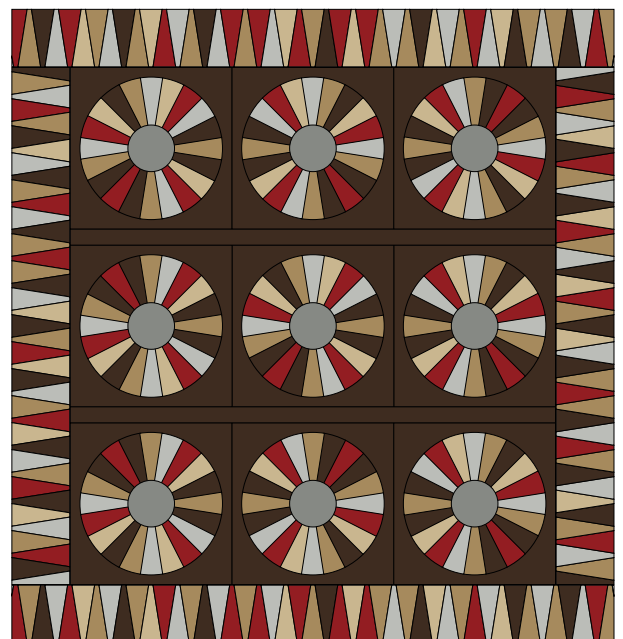


Join 50 blades for the top and bottom Borders.

- 5** Center and add the shorter Borders to the sides of the quilt. *The Borders are longer than necessary to allow adjustments for positioning.* Trim the Borders even with the quilt top. Add the Borders to the top and bottom of the quilt top. Trim the Borders even with quilt top.



- 6** We added additional embroidery to the quilt top between the Plates.

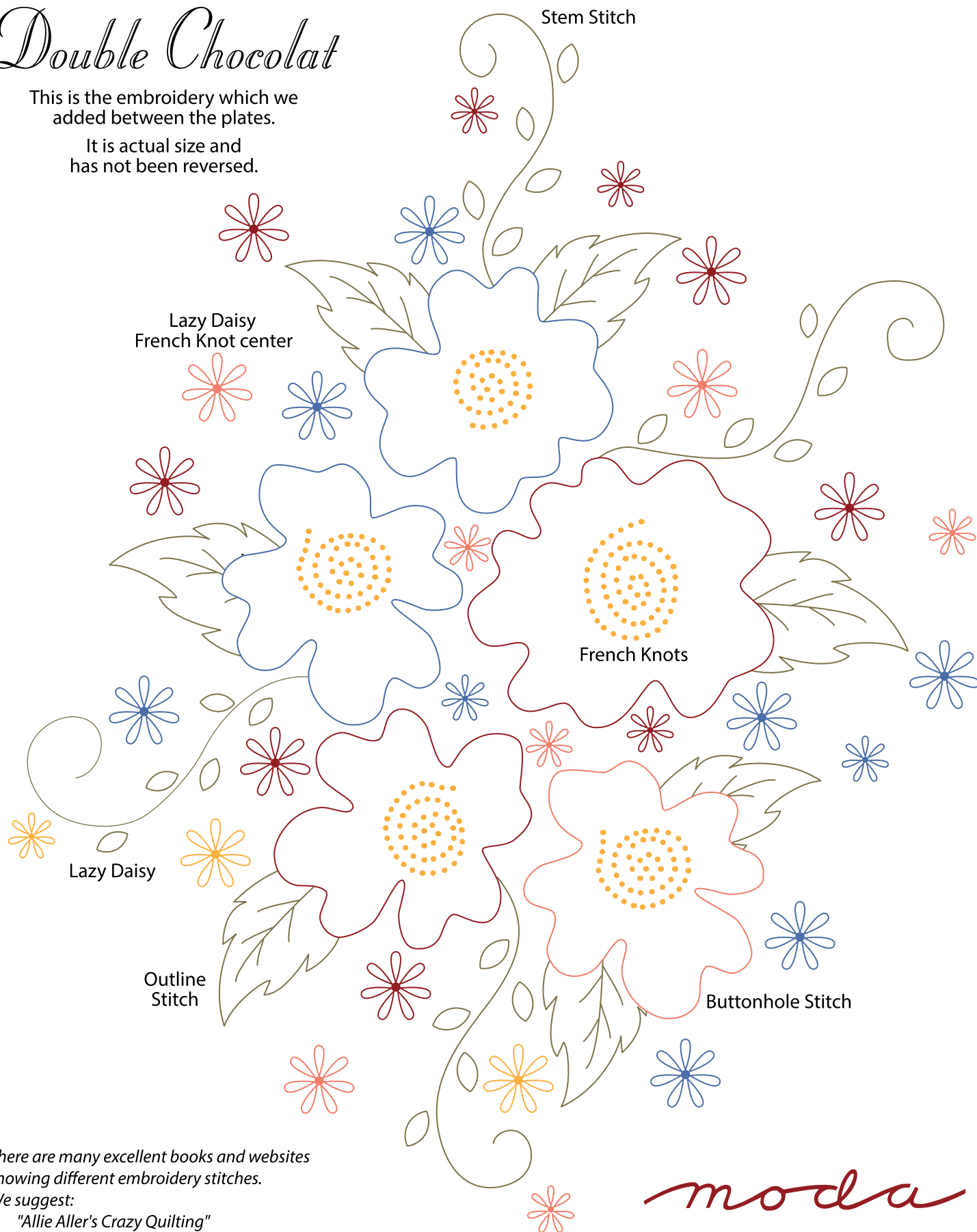


- 7** Sew the 8 Binding strips together end to end. Layer, quilt and bind. ENJOY!

Double Chocolat

This is the embroidery which we added between the plates.

It is actual size and has not been reversed.



There are many excellent books and websites showing different embroidery stitches.

We suggest:

"Allie Aller's Crazy Quilting"

"Crazy Quilting the Complete Guide"

"The Art of Elegant Hand Embroidery, Embellishment and Appliqué"

<http://inaminuteago.com/stitchindex.html>

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Fabric Requirements

Dresden Plates & Border:

28 assorted Fat Eighths (9" x 22")

11 assorted ¼ yards

*Optional: for additional interest and dimension,
add textures, wovens and velvets*

Center Circle: ½ yard (4092 23)

Background & Binding: 4¼ yards* (3835 41)

Backing* : 5 yards

EZ Dresden Ruler (#8829306)

1 Template Plastic 12" x 18" (#882670051)

Pellon 807 Wonder Under Fusible Web 20": 1 yard

Omigrid 20.5" Ruler (RN205)

**fabric must be at least 43" wide
or you will need 5½ yards*

Double Chocolat

6" Circle template

Actual size.

Seam allowance not included.

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MODAFABRICS.COM

PS4090 — SUGGESTED RETAIL \$6.00





*Special thanks to
Debbi Duckworth, Julie Hardgrave,
and Lissa Alexander for their beautiful stitching!*