

Woodland Holiday

Sentimental Studios



2

Projects

Bed Runner or
Table Runner

Size: 24"x97"



Size: 24"x62½"

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Quilters Basics

*Read instructions before beginning a project.
All instructions include a ¼" seam allowance.
Press as you go. Press seams in one direction.*

The following directions are for Bed Runner

Cutting

Fabric 1 White Cardinal Print

- 2 – 5¾"xWOF strips for end borders
- 5 – 4½"x WOF strips for long side borders
- 5 – 2½"x WOF strips for binding

Fabric 2 Green Swirl

- 1 – 5½"xWOF strip
 - Subcut 6 – 5½"x5½" squares for prairie points
 - 5 – 2½"xWOF strips
 - Subcut: 12 – 2½"x8½" strips and 12 – 2½"x6½" strips for block borders
- Use remainder for applique

Fabric 3 Red Swirl ★

- 6 – 2½"xWOF strips
 - Subcut: 8 – 2½"x8½" strips and 8 – 2½"x6½" strips for block borders

Note: remaining 2 strips will be used for facing strips.
 - 2 – 1¼"xWOF strips
- Use remainder for applique

Fabric 4 Green Toile

- 3 – 2½"xWOF strips
 - Subcut: 12 – 2½"x2½" and 12 – 2½"x6½" strips for block background
- 1 – 4⅞"xWOF strips
 - Subcut: 6 – 4⅞"x4⅞" squares for half square triangle units

Fabric 5 Beige Toile ★

- 4 – 2½"x22" strips
 - Subcut: 8 – 2½"x2½" squares and 8 – 2½"x6½" strips for block bkgd.
- 1 – 4⅞"x22" strip
 - Subcut: 4 – 4⅞"x4⅞" squares for half square triangle units

Fabric 6 Red Holly Print

- 2 – 5½"xWOF strip
 - Subcut 8 – 5½"x5½" squares for prairie points and 4 – 4⅞"x4⅞" squares for half square triangle units
- 2 – 2½"xWOF strips
 - Subcut: 16 – 2½"x2½" squares and 8 – 2½"x4½" strips

Fabric 7 Black Cardinal Print ★

- 1 – 4⅞"x22" strip
 - Subcut: 4 – 4⅞"x4⅞" squares for half square triangle units
- 3 – 2½"x22" strips
 - Subcut: 16 – 2½"x2½" squares and 8 – 2½"x4½" strips

Fabric 8 Red Poinsettia Print *

- 1 – 4⅞"x22" strip
 - Subcut: 2 – 4⅞"x4⅞" squares for half square triangle units
- 3 – 2½"x22" strips
 - Subcut: 8 – 2½"x2½" squares and 4 – 2½"x4½" strips

★ cutting directions the same for both runners
* used only in bed runner

Construction

PIECES FOR BLOCKS

Half Square Triangle Units

1. Using a mechanical pencil draw a diagonal line on the wrong side of $6 - 4\frac{7}{8}'' \times 4\frac{7}{8}''$ Fabric 4 squares and $4 - 4\frac{7}{8}'' \times 4\frac{7}{8}''$ Fabric 5 squares.
2. Pair 4 marked Fabric 4 squares with the the 4 Fabric 6 squares and 2 Fabric 4 squares with 2 Fabric 8 squares. Then pair 4 Fabric 5 squares with 4 Fabric 7 squares. *See diagram.*

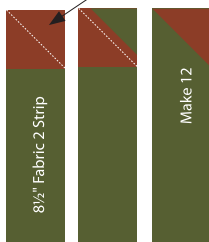


3. Select 1 pair. Align edges with rights sides together. Stitch $\frac{1}{4}''$ on each side of the marked line.
4. Using a rotary cutter, cut on marked line. Press seams toward dark. Each half square triangle unit should measure $4\frac{1}{2}'' \times 4\frac{1}{2}''$ with seams.
5. Repeat Steps 3 & 4 with remaining pairs to make a total of 20 half square triangle units.

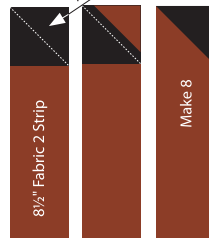
Strip Units

Using a mechanical pencil draw a diagonal line on the wrong side of all $2\frac{1}{2}'' \times 2\frac{1}{2}''$ squares – 60 total. (12 – Fabric 4; 8 – Fabric 5; 16 – Fabric 6; 16 – Fabric 7 and 8 – Fabric 8)

$2\frac{1}{2}''$ Fabric 6 or 8 Square



$2\frac{1}{2}''$ Fabric 7 Square



$8\frac{1}{2}''$ BORDER STRIPS – (12) FABRIC 2 AND (8) FABRIC 3

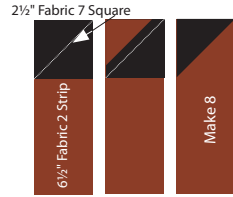
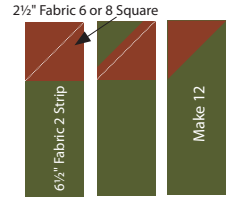
1. Select 1 green $2\frac{1}{2}'' \times 8\frac{1}{2}''$ strip and 1 marked – $2\frac{1}{2}'' \times 2\frac{1}{2}''$ from Fabric 6 or 8.
2. With right sides together align edges. Position marked square to place beginning of line in the upper left hand corner. *See diagram.*
3. Stitch on marked line.
4. Trim away extra fabric on the right side of the stitch line leaving a $\frac{1}{4}''$ seam allowance.
5. Press triangle toward right corner.
6. Repeat steps using red $8\frac{1}{2}''$ strips.

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Make 20 Strips – 12 green and 8 red

6½" BORDER STRIPS – (12) FABRIC 2 AND (8) FABRIC 3

1. Select 1 green 2½"x6½" strip and 1 marked – 2½"x2½" from Fabric 6 or 8.
2. With right sides together align edges. Position marked square to place beginning of line in the upper right hand corner. See diagram.
3. Stitch on marked line.
4. Trim away extra fabric on the left side of the strip leaving a ¼" seam allowance.
5. Press triangle toward left corner.
6. Repeat steps using red 6½" strips.



Make 20 Strips – 12 green and 8 red

4½" CENTER STRIPS – 20 TOTAL

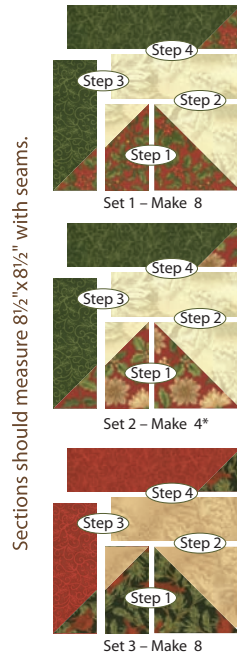
1. Pair the remaining 2½"x2½" background (Fabric 4 or 5) squares with the 4½" Center Strips from Fabrics 6,7, and 8.
2. Repeat the Steps for the 6½" strips above using the following pairs – (8) Fabric 4/6; (8) Fabric 4/8 and (4) Fabric 5/7.



ASSEMBLE BLOCK SECTIONS – 20 TOTAL

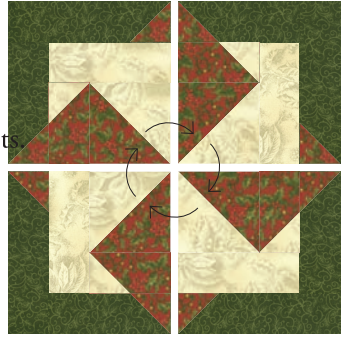
For *each* section choose (1) 8½" border strip, (1) 6½" border strip, (1) 4½" center strip, (1) 6½" background strip and (1) half square triangle unit.

1. Stitch half square triangle unit and 4½" center strip together.
Note direction of triangles.
Press toward center strip.
2. Add 6½" background strip to top of unit.
Press seam toward background strip.
3. Add 6½" border strip to left side of unit.
Note direction of triangle end of strip.
Press toward 6½" strip.
4. Join 8½" border strip to top of pieced unit.
End triangle is above background strip.
Press seam toward center.
5. Follow Steps 1-4 to make 20 Block Sections.
Sections should measure 8½"x8½" with seams.



ASSEMBLE BLOCKS – Make 5

1. Select 4 like sections. To avoid confusion, arrange sections before stitching. Rotate each section $\frac{1}{4}$ turn clockwise to align triangle points.
2. Stitch and press. Each block should measure $16\frac{1}{2}'' \times 16\frac{1}{2}''$ with seams.



Make 5 Blocks

Block should measure $16\frac{1}{2}'' \times 16\frac{1}{2}''$ with seams

PRAIRIE POINTS – Make 14

Fold all 14 – $5\frac{1}{2}'' \times 5\frac{1}{2}''$ prairie point squares in half diagonally twice and press.

Hint: Spraying the wrong sides of the squares with temporary fabric adhesive before folding will help prevent slipping.



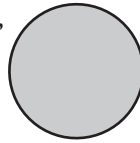
Make 14 total



APPLIQUE HOLLY LEAVES AND BERRIES

Use the enclosed templates to prepare holly leaves and berries. Templates are full sized. Applique the leaves and berries using your favorite applique method. Applique the individual blocks before assembling the bed runner.

Cut 15 from assorted reds, greens, browns and golds



TEMPLATES DO NOT INCLUDE SEAM ALLOWANCE

Cut 6 green and 4 red

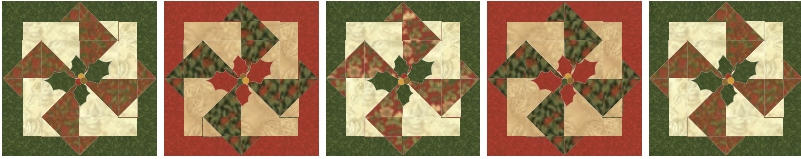
Cut 6 green and 4 red

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Assemble Bed Runner

ASSEMBLE BED RUNNER

1. Join 5 blocks together alternating green and red. For the table runner join 3 blocks alternating red and green. Press.



BORDERS

1. Measure pieced row of blocks from end to end thru the middle (approx. 80½")
2. Using a bias seam, join 5 – 4½" x WOF border strips together end to end. Press seam open.
3. Cut 2 long side border strips to the measurement from Step 1.
4. Add long borders to opposite sides of pieced block row. Press.
5. Measure bed runner top from side to side including borders.
6. Cut 2 – 5¾" strips to that measurement (approx. 24½") as well as 2 – 1¼" red accent strips.
7. With right sides together stitch red accent strip to 1 side of each end border strip. Press.
8. Add pieced end borders to opposite ends of bed runner. The red accent strip should be on the outside edge. Press. Bed Runner should measure 24½" x 92½" with seams.

Finishing

1. Layer top, batting and backing. Quilt as desired.
2. Join 5 – 2½" x WOF strips together end to end using a bias seam. Press seams open. Fold prepared strip in half wrong sides together and press to make binding.
3. Trim quilted bed runner and bind the two long sides using the prepared binding.
4. Measure the width of the bound runner, including the binding.
5. Cut 2 – 2½" red strips to that measurement **plus** ½" for finishing.
6. Fold ends under ¼". Press. Then fold strips in half wrong sides together to make finishing strip.

7. Arrange 7 prairie points along both ends of the quilted and trimmed bed runner. Tuck folded side of prairie point inside its neighbors "flaps" to adjust spacing. Align edges of prairie points and red accent strip. Prairie points should be facing towards the center of the runner aligned with bound edges of runner. Baste in place.
8. Align edges of prepared red finishing strip and long side of prairie points. Folded edge of finishing strip should face the center. Stitch using a $\frac{1}{4}$ " seam allowance.
9. Fold finishing strip to back of bed runner and stitch folded edge to back of runner using a needle and thread. Prairie points will point outward.



Directions for Table Runner

The table runner is created using 3 blocks instead of the 5 used in the bed runner. Look for the asterik for parts that are used only in bed runner. All other units are used in both projects – only fewer units are made for the different blocks.

If you choose to make the Table Runner, these are the adjustments you will need to make:

CUTTING

Fabric 1 White Cardinal Print

5 – $4\frac{1}{2}$ " x WOF strips for borders

3 – $2\frac{1}{2}$ " x WOF strips for binding

Fabric 2 Green Swirl

1 – $5\frac{1}{2}$ " x WOF strip

Subcut 6 – $5\frac{1}{2}$ " x $5\frac{1}{2}$ " squares for prairie points

2 – $2\frac{1}{2}$ " x WOF strips

Subcut: 4 – $2\frac{1}{2}$ " x $8\frac{1}{2}$ " strips and 4 – $2\frac{1}{2}$ " x $6\frac{1}{2}$ " strips for block borders

Use remainder for applique

Fabric 4 Green Toile

1 – $2\frac{1}{2}$ " x WOF strips

Subcut: 4 – $2\frac{1}{2}$ " x $2\frac{1}{2}$ " and

4 – $2\frac{1}{2}$ " x $6\frac{1}{2}$ " strips for

block background

1 – $4\frac{7}{8}$ " x WOF strips

Subcut: 2 – $4\frac{7}{8}$ " x $4\frac{7}{8}$ "

squares for half square triangles

Fabric 6 Red Holly Print

2 – $5\frac{1}{2}$ " x WOF strip

Subcut 8 – $5\frac{1}{2}$ " x $5\frac{1}{2}$ " squares for prairie points and

2 – $4\frac{7}{8}$ " x $4\frac{7}{8}$ " squares for half square triangle units

2 – $2\frac{1}{2}$ " x WOF strips

Subcut: 8 – $2\frac{1}{2}$ " x $2\frac{1}{2}$ " squares and 8 – $2\frac{1}{2}$ " x $4\frac{1}{2}$ " strips

BORDERS

End borders are cut from $4\frac{1}{2}$ " strips instead of $5\frac{3}{4}$ " strip used in bed runner.

Fabric Requirements

Fabric 1



32284-11

1 $\frac{3}{8}$ yds

Fabric 2



32289-21

$\frac{5}{8}$ yd

Fabric 3



32289-15

$\frac{5}{8}$ yd

Fabric 4



32281-11

$\frac{5}{8}$ yd

Fabric 5



32281-12

1 FQ

Fabric 6



32286-13

$\frac{5}{8}$ yd

Fabric 7



32283-14

1 FQ

Fabric 8



32285-14

1 FQ

* used only in bed runner

From your stash – Small bits of gold, brown, green and red for holly berries

Backing – 2 $\frac{1}{2}$ yards – pieced across

2 $\frac{7}{8}$ yards – one continuous piece

Table Runner

The table runner is created using 3 blocks instead of the 5 used in the bed runner. If you choose to make the table runner eliminate Fabric 8 as it is used only in the bed runner.



Size: 24"x62 $\frac{1}{2}$ "

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