

North Star



by Lauren Terry for Moda Bakeshop - brightsonwhite.com

- Fabric Requirements -

- 1 White Jr. Jelly Roll (or 20 strips measuring 2 1/2" x 40")
- 2/3 yards White fabric
- 9 fat eights for the X blocks
- 2/3 yards for the lattice
- 1 yard for the border
- 3/4 yards for the binding
- 3 1/2 yards for the backing



- Cut List -

From the neutral fabric cut:

- 72 neutral squares 2 1/4" x 2 1/4"
- 4 squares 4 1/2" x 4 1/2"
- 6 squares 5 1/4" x 5 1/4"

From the 2 1/2" Strips cut:

- 18 strips 2 1/2" x 8 1/2"
- 18 strips 2 1/2" x 12 1/2"
- 48 squares 2 1/2" x 2 1/2"

From the fabric for lattice cut:

- 24 squares 3" x 3"
- 24 squares 4 1/2" x 4 1/2"

From each fat eight cut:

- 4 squares 4 1/2" x 4 1/2"

From the border fabric cut:

- 6 strips 5 1/2" x 41"



- X Blocks -

- Grab 72 neutral squares measuring $2\frac{1}{4}'' \times 2\frac{1}{4}''$ and draw a diagonal line on each
- Lay out 4 of the patterned squares you cut from a fat eighth
- Put a neutral square on opposite sides of each patterned square
- Sew on the line you drew. Trim $\frac{1}{4}''$ above the line you sewed (Fig 1)
- Press the seams towards the middle of 2 of the squares, and press the seams towards the corners on the other two (Fig 2)

Fig 1: Sew on dotted lines, cut on solid lines

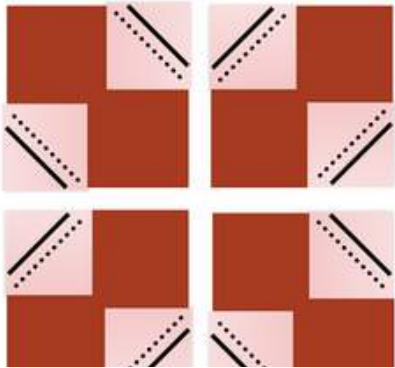
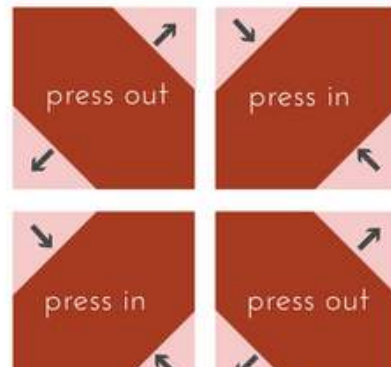


Fig 2: Press two in, press two out



- Sew the top two units together. Press the seam to the right.
- Sew the bottom two units together. Press to the left (Fig 3)
- Join the units to make your X block. Attach the $8\frac{1}{2}''$ strips on the left and right side of the block. Then Press seams open. Then attach the $12\frac{1}{2}''$ strips to the top and bottom. Press seams open.
- Square up to $12\frac{1}{4}'' \times 12\frac{1}{4}''$
- Repeat until you have 9 blocks

Fig 3

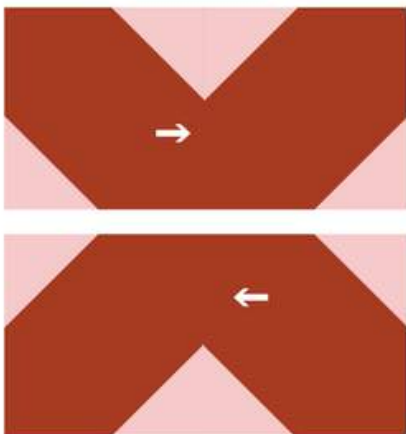
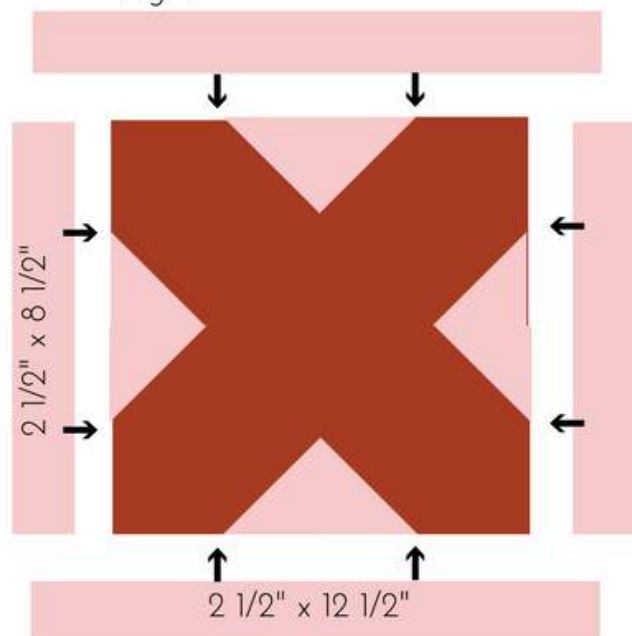
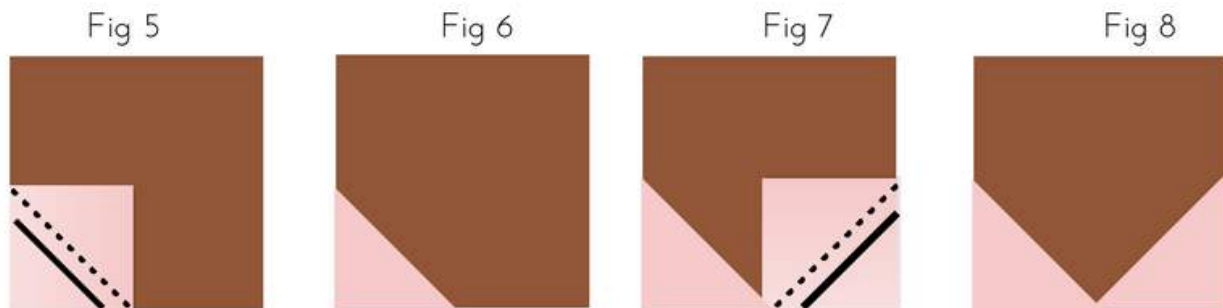


Fig 4



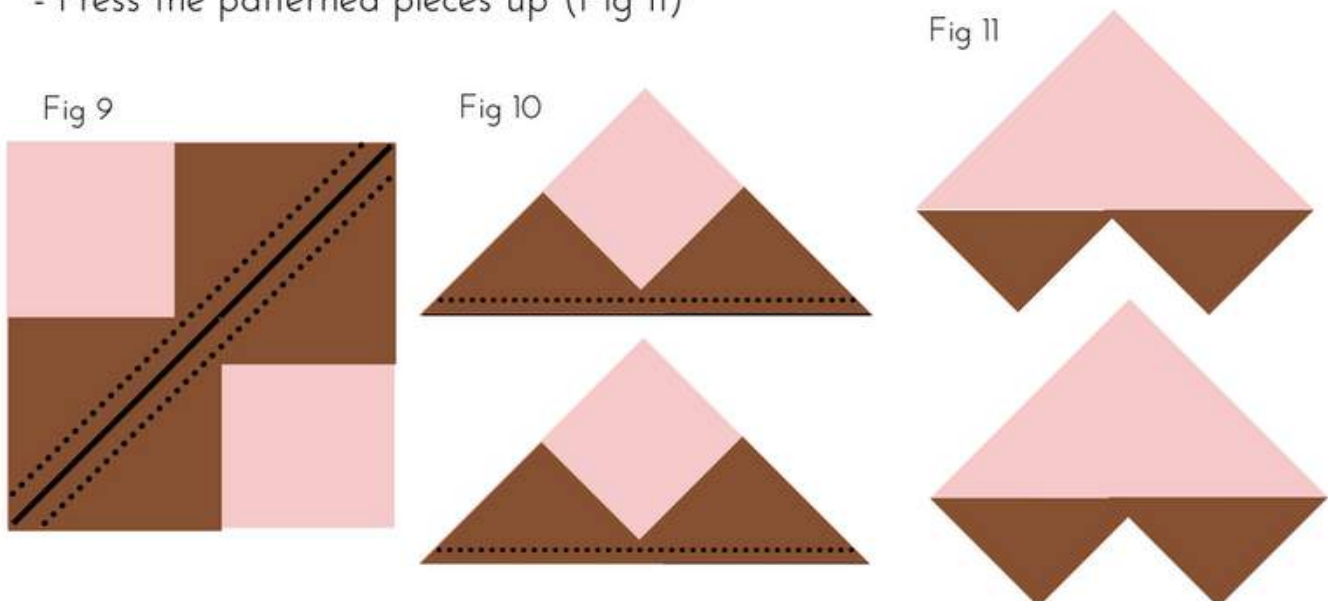
- Lattice -

- Grab your 24 squares (4 1/2" x 4 1/2") and the 48 neutral squares (2 1/2" x 2 1/2")
- Draw a diagonal line on all of the 2 1/2" squares
- Place a neutral square on the bottom left corner of the 4 1/2" square. Sew along the line (shown with a dotted line). Trim 1/4" above the line you sewed (shown with a solid line). (Fig 5)
- Press seam to the light side. (Fig 6)
- Repeat on the bottom right corner, creating a point. (Fig 7)
- Repeat until you have 24 arrow units. (Fig 8)



- Flying Geese -

- Draw a diagonal line on the wrong side of each 3" square
- Lay out one 5 1/4" neutral square with two 3" squares in each corner, so the lines overlap in the center and sew a 1/4" on either side of the line you drew (Fig 9)
- Press the piece to set the seam, then cut on the solid line (Fig 10)
- Press the patterned pieces up (Fig 11)



- Lay another 3" square on the triangle piece and sew a 1/4" seam on either side of the line you drew earlier (Fig 12)
- Cut on the solid line (Fig 13)
- Press the patterned fabric up to create a flying geese unit (Fig 14)
- Repeat until you have 24 flying geese units

Fig 12

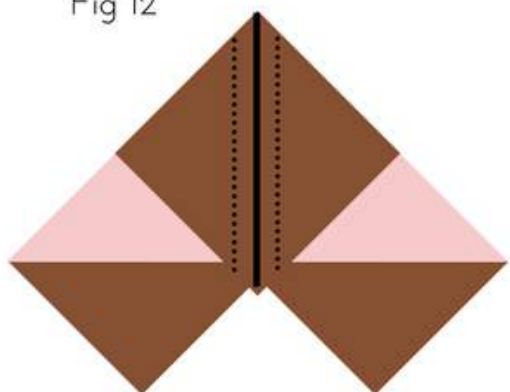


Fig 13

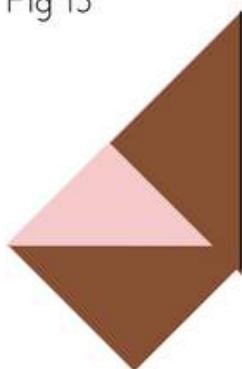


Fig 14



- Sew a flying geese unit to an arrow unit. Press seam open. (Fig 15)
- Repeat until you have 24.

Fig 15



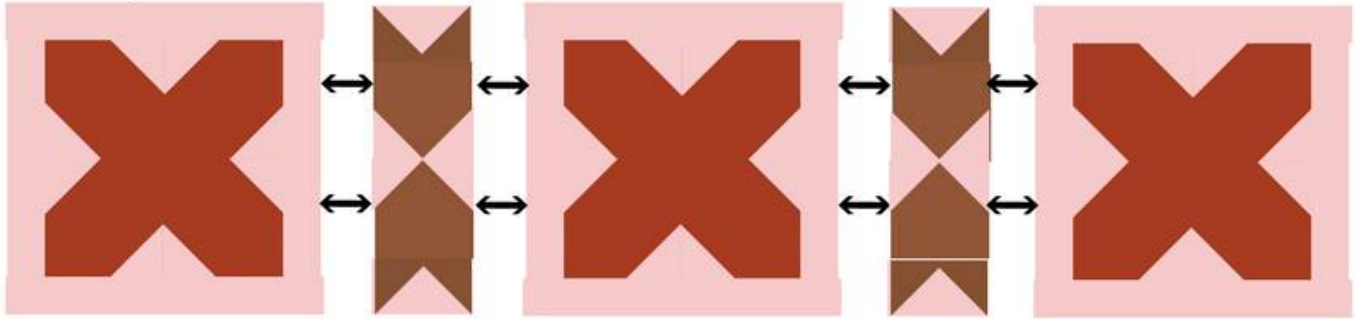
Fig 16



- Sew two blocks together with the points of the arrows touching (Fig 16)

- Quilt Top Assembly -

Fig 17



- Sew the X and double arrows blocks together until you have three rows like Fig 17. Press seams to the right.

Fig 18



- Sew the double arrow and 4 1/2" squares until you have two rows like Fig 18. Press seams to the left.

- Cut two of the 5 1/2" x 41" strips in half. Sew each of these halves onto the remaining 4 strips so you'll have 4 long strips (5 1/2" x 60")
- Sew the border strips to two opposite sides. Trim. Sew the other two border strips to the other sides and trim. Baste, quilt and bind.



- THANK YOU! -

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